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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Sunday, October 26, 2025

Choice

In the Choice Law of One, who chooses polarity? The personality? The Soul? The Oversoul Higher Self?

In The Law of One material (Ra Contact, Books I–V), “polarity” refers to the choice between service to others (positive) and service to self (negative). The Choice is what Ra calls “the axis upon which the creation turns.”

Here’s how it breaks down in terms of the different aspects of self:

✸ The Soul Complex and The Choice

The incarnate personality (the human self, with its ego and life circumstances) is the instrument through which the Choice is made.

Ra says that “it is in third density that polarity is chosen.”

This means that the incarnate mind/body/spirit complex — you, as a person — chooses through actions, intentions, and values.

The soul (mind/body/spirit complex totality) experiences these incarnations as opportunities to polarize. Each lifetime is designed (often by higher aspects of self) to give meaningful opportunities for choosing and crystallizing polarity.

The Higher Self (Oversoul)

The Higher Self (mid-6th density) is your future self, existing “outside of time.”

It provides guidance and sets up pre-incarnative parameters, challenges, and lessons — but it does not make the Choice for the incarnate being.

Ra is clear: “The Higher Self may communicate understanding, but it may not infringe upon free will.”

In other words, the Higher Self sets the stage, but the actor (you, the incarnate personality) must choose polarity freely within that stage.

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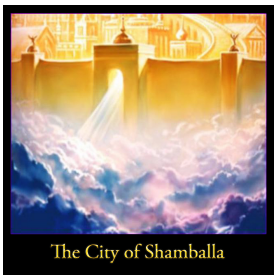

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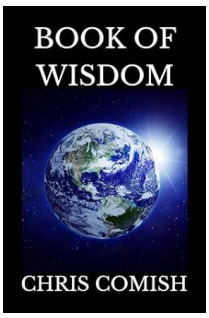

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➲ The Role of the Personality

The incarnate personality — the conscious self — is where polarity actually crystallizes.

Each decision toward love and unity (service to others) or toward control and separation (service to self) refines your vibration.

Thus, the Choice is not theoretical but practical: it's made moment by moment, in thought, word, and deed.

So who "chooses" polarity?

In summary:

Aspect of Self Role in the Choice

Higher Self / Oversoul: Designs lessons, provides intuition, ensures balance of opportunity — but does not choose polarity.

Soul (mind/body/spirit complex): The evolving entity that experiences many incarnations to refine and deepen its polarity.

Personality (incarnate self): The locus of The Choice — polarity is actively chosen in third density by the incarnate being's free will.

If you want Ra's own phrasing, this line captures it beautifully:

"The polarization or choosing is done in third density. The Higher Self does not choose, but provides the catalyst through which the mind/body/spirit complex may make its choice." — Ra, 36.7

Read about the Law of One here http://www.lawofone.info

- October 26, 2025

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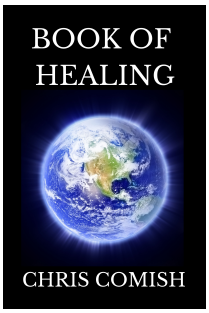

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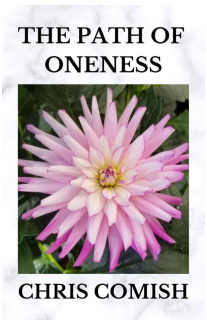

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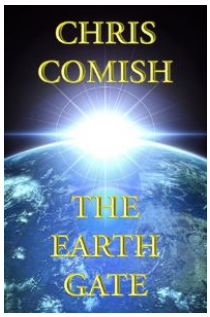

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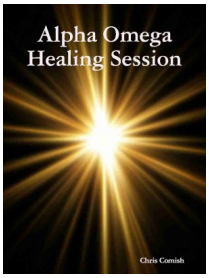

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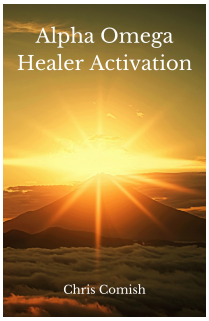

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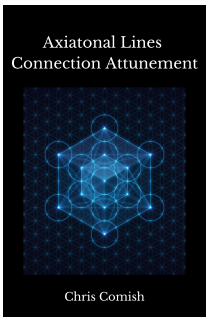

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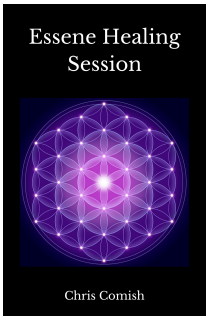

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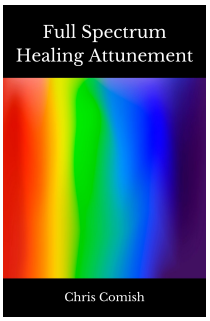

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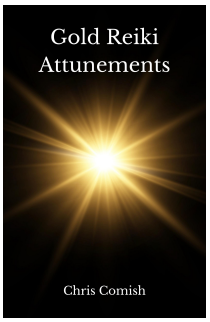

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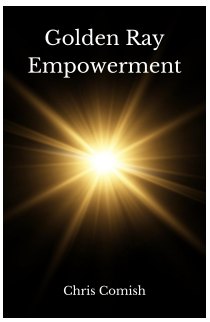

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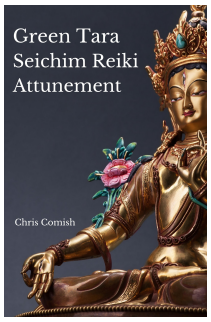

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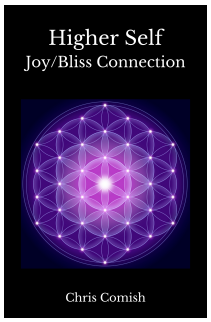

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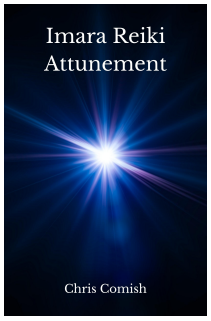

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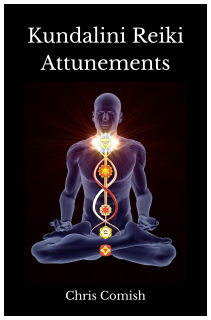

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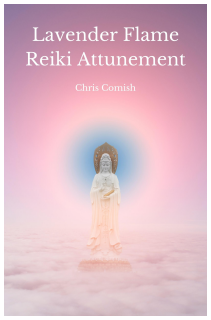

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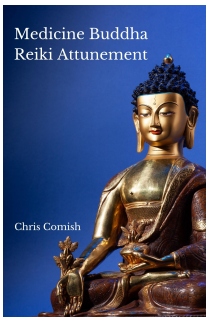

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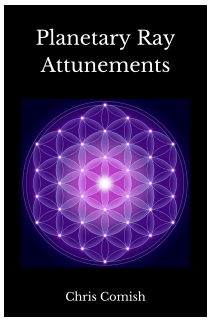

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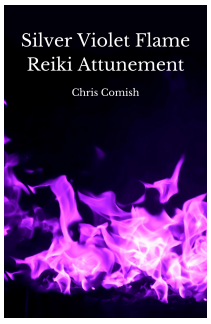

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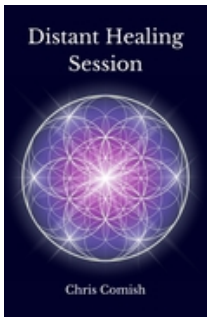

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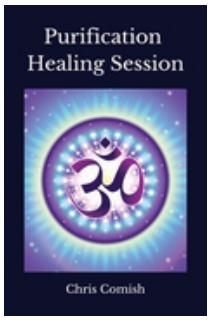

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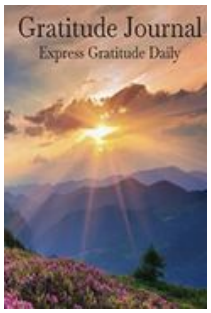

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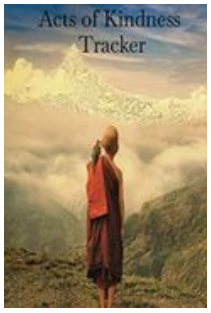

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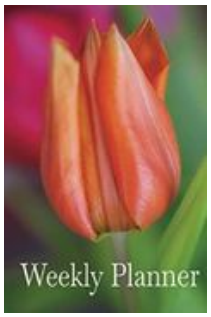

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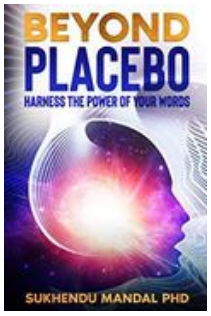

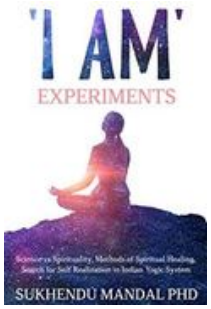

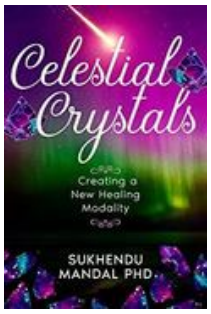

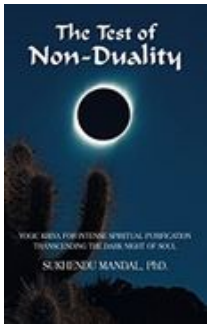

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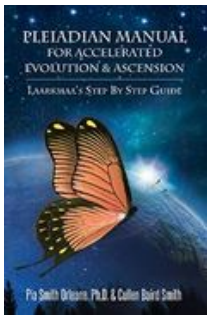

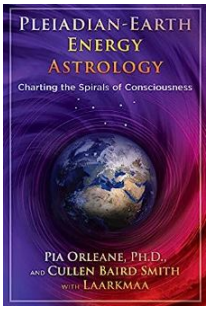
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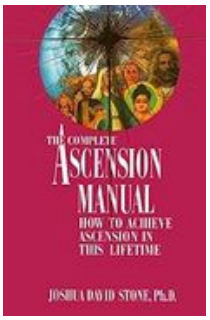
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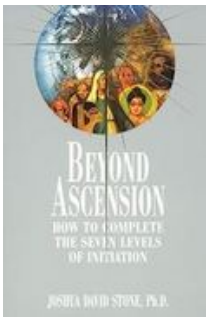
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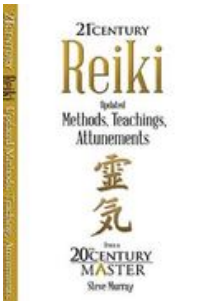
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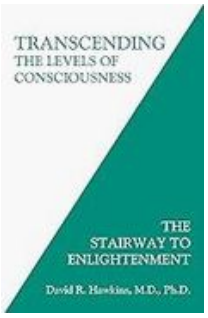
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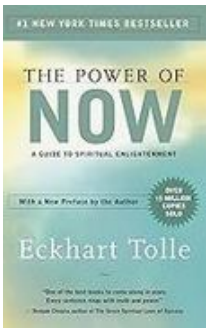
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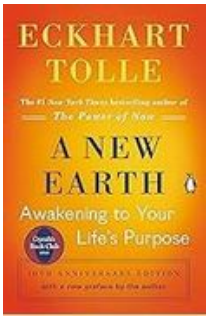
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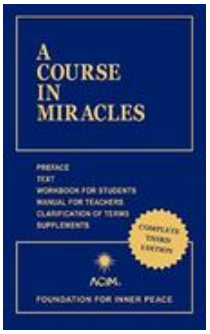
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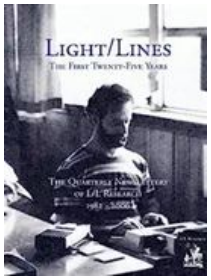
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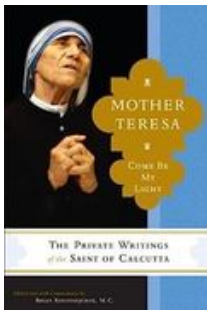
Embracing your higher purpose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Initiation
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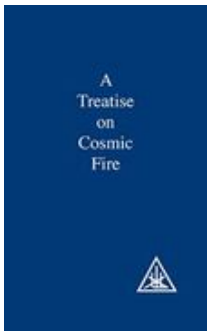
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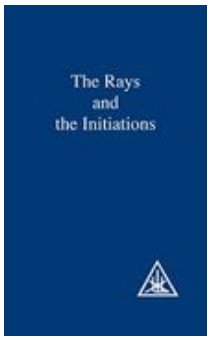
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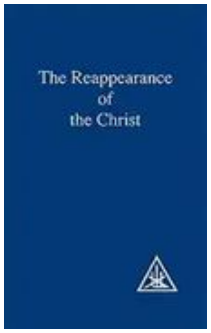
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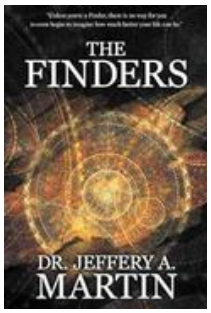
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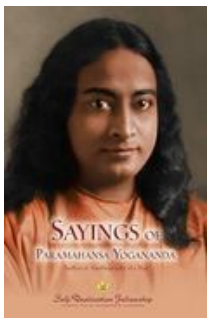
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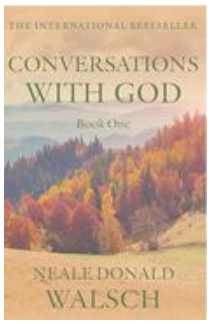
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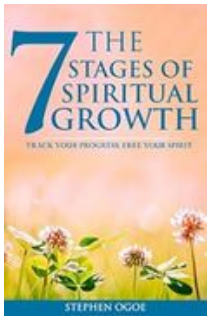
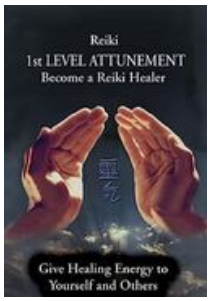
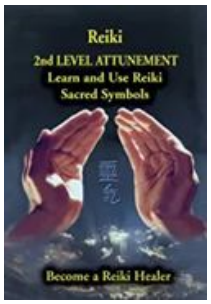
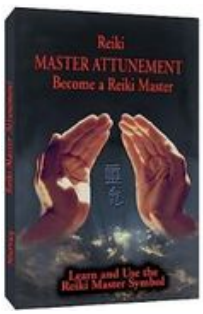
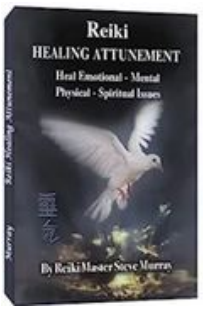


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Sixth Density

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Choice of Polarity

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God's Will

Path of Harmlessness

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Ray 2 Earth Service

Chris Comish Teachings

Dark Night of the Soul

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Light Body and Oversoul

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Planetary Purpose

Path of 2nd Ray Monad

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